



# ONE MILLION BOWLS

**P**art of RiverLife Church's three-fold mission is to fulfil God's call to impact society by advocating the family.

RiverLife Community Services (RCS) is an advocate of the family and is committed to helping families build strong foundations and relationships.

In 2010, RiverLife Centre For Youth was set up to reach out to economically-disadvantaged families with school-going teenagers, and empowering these youths to achieve greater employability through the impartation of life skills and positive values.

## Reach One More...

There are over  
\*250,000 households  
in Singapore that earn  
less than \$2000 per  
month. It may not be  
possible to reach them  
all, but with your help,  
we can reach out  
to one more.

Join us and  
be a Family  
Befriender  
today. Let us  
serve and bless  
our community  
together.

## What is One Million Bowls?

One Million Bowls is a rice distribution cum befriending programme. Through this programme, we seek to build informal supportive relationships with recipient families – in effect, becoming their friends.

This programme also provides an opportunity for school-going teenagers from recipient families to participate in and benefit from the programmes conducted at RiverLife Centre For Youth.

## We Need Your Help

Sign up as a **Family Befriender**. Here's how recipient families can benefit from your involvement:

These recipient families mostly reside around Sengkang, Punggol and Hougang area but there may be a few families who reside beyond this boundary. Each run of the One Million Bowls programme will span 6 months. In total, 60kg or 900 bowls of rice will be delivered to each recipient family's home.

*[Note: Daily necessities may also be purchased by Family Befrienders to supplement the needs of the recipient families.]*

- Family Befrienders will meet with recipient families at least once a month (i.e. during the first week of every month). They will also be required to submit a simple report recounting their experience and highlighting any needs of the recipient families.
- Family Befrienders also play an important role in introducing RiverLife Centre For Youth to recipient families and encouraging their school-going teenagers to join the programmes at the Centre.

For more information or to sign up, please pick up a Family Befriender Sign Up Form from the Information Counter (and submit it via the RCS Feedback Box) or call 6312 5963 to find out more.



**RiverLife**  
Centre For Youth

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\* Source: Census of population 2010